

Competition regulations EcoTrail Al Ula, KSA

1. The 1st edition of EcoTrail Al Ula will take place on Saturday, 8 February 2020 and is open to runners in good physical and mental condition. Every single participant is required to register for one of the three race categories in advance of the event. *For conditions of entry, please see the relevant section of this website.* By registering, participants exempt the event organisers from any liability, whether civil or criminal, for damage to persons and/or property caused by or to them.
2. Each participant must read through the full event regulations and guidelines and is deemed to accept them when starting their race.
3. Participants should collect their participant bags including number bibs, e-chip and GPS tracker (for 80K and 45K) at the Race Office on the day before the event. Number bibs are to be worn in front according to instructions given, and should not be bent or modified in any way. Participants not wearing any number bib will not be allowed to enter the starting area.
4. Participants should check-in at the start area at least 15 minutes before the announced start time of their chosen race
5. Only leg power is allowed. Any kind of automatic or mechanic aids are prohibited.
6. All participants should behave in a sporting manner at all times and shall permit any faster runner to overtake without obstructing.
7. All participants are required to help others who find themselves in an emergency, even if it comes at the expense of a good race result.
8. All participants must present the mandatory gear items (*see list*) for their chosen race distance when collecting their race pack. Failure to present an item = no rack pack. During the race, participants must carry these mandatory gear items. Random checks by event staff can be conducted. Failure to present an item will result in a time penalty of 1 hour. Failure to present 2 items will result in disqualification from the race result.
9. Participants in the 80K and 45K race categories can make use of the clothes deposit but are advised to avoid leaving objects of value in the bags; in any case the event organisation cannot be held responsible for theft, loss or damage to bags or their contents.
10. The running courses will be clearly marked by coloured arrows, flags and ribbons. The 80K and 45K = red and the 10K = purple. The course of the 45k overlaps for 99% the course of the 80k. Participants are required to follow these markings at all times. Markings overrule GPS files. Last-minute amendments by the event organiser to the course may always occur for security or other reasons.
11. Participants who deliberately short-cut the race course will be disqualified from the race result.
12. A leading car for way-clearing, an ambulance, pick-up car and media cars are allowed on the race courses during the event. Besides those, no cars are allowed on the off-road race course.
13. There will be a few road crossings during the 80K and 45K races. Follow the instructions of the event marshals when crossing those roads, and obey standard traffic regulations while running along roads.
14. Aid stations will be placed at approx. 10 km intervals for 80K and 45K. The 10K has two aid stations at km 4 and km 7. The contents of these aid stations are described in the race details. Participants are permitted to have their own personal assistance crew, but only at these aid stations. Personal assistance outside the official aid stations will result in disqualification of the runner.
15. Participants who wish to stop their race and are able to do so are recommended to reach the next aid station. If you cannot continue to reach the next station, please call the emergency number printed on your number bib in case of genuine emergency indicating your approximate location. In case of no emergency, please text the number indicating your approximate location, bib number and the words "DNF, request pick-up".
16. Littering: EcoTrail does not tolerate any type of littering during the event. Participants who are spotted throwing away their bottles, cups, wrapping paper or any other garbage will be disqualified from the result list of the event.
17. Cut-off times. Each race category has a number of cut-off times that will be applied at aid stations and at the finish. The official cut-off times will be communicated as soon as the race courses are 100% finalised (mid-November 2019). The maximum time limit for the 80K race cannot exceed 12,5 hours (6:30 am to 19:00 pm).

18. A prize giving ceremony will be held after the races. Participants eligible for a prize are required to check the event timetable and remain at the Event Arena at Sahary to collect their prize on the podium stage.
19. Each finishing participant will receive an official certificate and finisher medal
20. Complaints about the race result can be communicated to the race jury until maximum 30 minutes after a runner's personal finish time. Please note that a deposit of EUR 20 (or equivalent in other currency) will be required for the jury to handle the case. If the complaint is deemed justified by the race jury, the person who filed the complaint will get the deposit back.
21. The race jury is authorized to dismiss participants (results included) who have violated the race regulations, or have harmed the integrity of the event or of other participants.
22. The event organisation is authorized to shorten the race distances or cancel the event for security reasons or any case of force majeure.
23. EcoTrail follows the World Anti-Doping Code by WADA. Should testing by a legitimate anti-doping body occur at the event, the selected participants will be required to comply with the testing officials' procedures and demands. Failure to do so will result in disqualification from the race.
24. The final authority on the interpretation of the regulations for all relevant races is owned by the race director supported by the race jury.